



# 2008-09 Parent's Package

Fort McMurray Ringette Association

August 27, 2008



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**Fort McMurray Ringette Association**

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# FMRA 2008-09

## 2008 – 09 Season



### Vision

FMRA will provide a fun and safe environment for young Ringette players helping them to develop into strong, healthy, and confident athletes.

### Mission

FMRA will achieve our vision by:

- Demonstrating effective leadership and good governance
- Providing high quality programs and services to member associations
- Partnering with our members to achieve excellence
- Marketing to make Ringette the #1 sport choice for young athletes

### Core Values

- Team Work
- Co-operation to achieve common goals – competition on the ice, co-operation off the ice.
- Clearly defined roles, responsibilities and expectations
- Recognition for achievement and celebration of our successes
- Respecting the values, skills and contributions of others
- Integrity and Respect
- Commitment to opportunity and consistent actions.
- A commitment to be open, honest and ethical in all that we do.
- Safe and Fun Communities
- Ensuring a positive, fun and safe environment
- Excellence
- A commitment to high standards in process and knowledge.

### EXECUTIVE

- |                         |                    |
|-------------------------|--------------------|
| 1. President            | Terry Dirk         |
| 2. VP/Black-Gold        | Suzanne Pinkoski   |
| 3. Technical Director   | Doug Lacey         |
| 4. Secretary/Web-master | Jodi Higdon        |
| 5. Treasurer            | Jen MacDougall     |
| 6. Registrar            | Deb Solecki        |
| 7. PR Director          | Marc Lozynsky      |
| 8. Ice Allocator        | Sarah Wearing      |
| 9. Referee In Chief     | Carrie Dirk        |
| 10. Zone 7 Rep          | Colleen MacDougall |
| 11. Equipment Manager   | Jim Cullihall      |
| 12. Sponsorship Coord.  | Nicole Deitz       |
| 13. Fundraising Coord.  | Heather Dicks      |
| 14. Camp Coord.         | Kym Gulevich       |
| 15. Tournament Coord.   | Brenda Jones       |

# FMRA 2008-09

## Key Goals



- **Good Communication**
  - Coaches and Parent's Orientation from Executive– Sept 15-30
  - Parent's Orientation from Coach– Sept 29/30
  - Web-site ([www.mcmurrayringette.com](http://www.mcmurrayringette.com))
  - Ice Allocation Schedules
  - FMRA Operating Manual - Clear and transparent policies / procedures
  - Code Of Conduct & Disciplinary Policy
  
- **Activities**
  - Summer Camp – Cancelled for 2008
  - Power Skating – weekly (Mon - Thurs)
  - Edmonton EDGE/Saskatoon Wild Player Clinic and Showcase Game – Jan. 23-25 (tentative)
  - Next Steps (September – March)
  
- **Member Development**
  - Referee & Manager Development
  - Player & Coach Development
    - Player Mentorship Program/Junior Coach
    - Coaches Clinics
  
- **Player Evaluations and Team Selection Process**
  - Evaluation & Team Selection
  - Playing Up & Playing Down
  
- **League Structure**
  - Team Personnel
  - Bunny acceleration program
  - Novice Development Team, Petite "A" and Tween "A" Teams
  - Black/Gold for Novice Dev/Petite "B", Petite "A", Tween "A", Junior "A", and Belle "B" teams
  - Black/Gold for Tween "B" if there's interest in the second session

# Code of Conduct & Disciplinary Policy



## CODE OF CONDUCT

- The Association supports the concept of “Zero Tolerance” with respect to the Code of Conduct.

All Members and Players shall respect ALL Members, Players, Parents, Officials, fans, Team Personnel and volunteers of this Association or other Ringette Associations.

Any inappropriate conduct, threats, harassment or abuse (including the use of profanity) directed at such individuals or groups will not be tolerated.

The Association will not tolerate loud, obscene, or obnoxious behaviour by Team Personnel, Players, Parents or Fans

- Conduct that is contrary to the “Code of Conduct” as defined above will result in disciplinary action
- Please review “*Fair Play Guidelines*” on our website ([www.mcmurrayringette.com](http://www.mcmurrayringette.com))

## DISCIPLINARY POLICY

- Contravention to the “Code of Conduct” is a very serious matter and the Association will treat it as such.
- Everyone, including any accuser or accused must understand what will result.
- At anytime that anyone believes that a Member is violating the Code of Conduct, they may report the misconduct to the Association by submitting a completed “Misconduct” form to an Executive.

### Process

- The Executive member shall ensure all Executive are informed.
- By majority vote of at least 5 Executive, the validity of the Misconduct will be decided.
- The Executive will reach a decision – an appeal process is available.
- The Executive may choose whatever penalty they deem appropriate:
  - ie, suspension for a week, month, end of the year.
  - ie, membership cancelled

# FMRA 2008-09

## Activities

### Summer Camp

Cancelled for 2008

### Power Skating

- Starts September 29
  - Bunnie 1 Monday, 5:15-6:00 Thickwood Arena
  - Bunnie 2 Monday, 6:00-6:45 Thickwood Arena
  - Novice Friday, 7:00–7:45 Mac Island Arena
  - Petite Friday, 7:45–8:45 Mac Island Arena



### Player Clinic and Showcase Game – Jan. 23-25

- Edmonton EDGE and Saskatoon Wild National Ringette League (NRL) Open “AA” teams will be putting on a 2 day player clinic.
  - Edmonton WAM has been the top ranked team in Canada for many years and was recently upset by the EDGE creating a competitive rivalry
  - Many players are either playing for or trying out for the Canadian National Team
  - The 2 days will include different Skating, Scoring and Goalie Clinics at no charge for our Association Members
- The two teams will be putting on a **Showcase** game Saturday night at Thickwood Arena.
  - These teams will be competing in the Western Conference of the NRL and are made up of the best ringette players in Canada and the world

# FMRA 2008-09

## Activities (cont'd)



### TOURNAMENT

- Aurora Ring in Fort McMurray Nov 7-9

<b>2006-07 Tournaments</b>	
St. Albert Turkey Ring	Oct 6-7
Beaumont Ringette	Nov 9-11
Brooks Tournament	Nov 9-11
Fort McMurray Aurora Ring	Nov 16-18
Airdrie Ringette Tournament	Nov 16-18
<i>Leduc Wild Thing Tournament</i>	<i>Jan 11-13</i>
<i>Medicine Hat Ed Horvath</i>	<i>Jan 11-13</i>
Calgary Esso Gold Ring	Jan 18-20
Edmonton Silver Ring	Feb 1-3
<i>Medicine Hat Interprovincial</i>	<i>Feb 8-10</i>
<i>Spruce Grove Sweetheart</i>	<i>Feb 15-17</i>

NOTE: *Some Tournament Dates are still to be finalized*

### Team Photos

- Team Photos (before Christmas) during the Aurora Ring Tournament– Nov 7-9

### Rewards And Recognition

- Banquet and Awards Night – Season Wrap Up (date tbd)

### Parent's & Coaches Meetings

- *TBD*

## Activities (cont'd)



### REFEREES

- For house league, referees include:
  - 2 on-ice referees
  - 1 off-ice shot clock operator (for Petite B and up) starting in January
- Referees must be 13 years of age or older (1<sup>st</sup> year Tween and up)
- Pay is \$17 per game for on-ice and off-ice officials
- 2005-06 is a rule change year
  - All prior year referees must take a refresher course.
- Referees will also be required for any Black Gold games.

### CALL FOR REFEREES

- Please contact our Referee-in-Chief if interested in refereeing (Colleen MacDougall).
  - on-ice referee

### REFEREE DEVELOPMENT

- Refereeing Clinics in Fort McMurray

*Level 1 – Certification Clinic – Date TBD*

Level 1 - Petite and lower  
Level 2 - Junior and lower  
Level 3 - Open and lower  
Level 4 - "AA" Level  
Level 5 - Nationals

### MANAGER DEVELOPMENT

- Clinic in Fort McMurray

*Manager Orientation –  
Mid October (Location & Time TBD)*

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## Development (cont'd)



### Coaching Development

- Develop a local instruction facilitator
- Coaching Clinics in Fort McMurray

*CSI - Community Sport Initiation – Oct 21-22*

*CI – Competition Introduction - Oct 21-22*

*IC - Introduction to Competition (Part B) - tbd*

### NEW Player and Coach Development Coordinator

- To work in conjunction with the Technical Director
- Start work on establishing division, team, and player development guidelines
- Assist coaches with team assessments to determine appropriate strategies and drills for the teams to focus on
- Establish Junior Coach player mentorship program

	<u>Head</u>	<u>Assistant</u>
Bunny	CSI	CSI (recommended)
Novice	CSI	CSI (recommended)
Petite B/BB	CSI	CSI
Tween B/BB	CSI	CSI
JuniorB/BB	CSI	CSI
Petite A	CI and IC	CI or IC
Tween A	CI and IC	CI or IC
Junior A	CI and IC	CI or IC

# Team Personnel



## TEAM PERSONNEL

- Involved in the instruction, care, supervision of Players, or in the management of the Team
- Team staff must consist of at least 2 and may consist of up to 4 people:

Head Coach (1) – head coach is mandatory  
Assistant Coach (1-2)  
Manager (1)

- All Team Personnel must obtain a “Criminal Record Check”
- Each Team must provide for each house league game one person as Timekeeper/ Scorekeeper.

## CALL FOR TEAM PERSONNEL

- Please contact our Technical Director if interested in Coaching Positions.
  - Head Coach
  - Assistant Coach
- Head Coach typically recruits:
  - Manager
  - Additional Assistant Coach

*Coach’s Orientation –TBD*

*Coach Clinic – TBD*

*Manager’s Orientation – Mid. Oct (Location and Time TBD)*

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## Tiering and League Structure



### FORT McMURRAY 2008-09 LEAGUE STRUCTURE

<u>Division</u>	<u>Format</u>
Bunny	Stronger 2000 bunnies may be asked to move up to the Novice division 5/6 equally split house league teams
Novice	1 development team will play occasionally in the Petite B house league 4 equally split house league teams
Petite	1 "A" team (selected through evaluations) will play in the Tween B house league 2-3 equally split house league teams
Tween	1 "A" team (selected through evaluations) will play against the Junior, Belle, and Ladies teams 1 "B" team
Junior	1 "A" team (selected through evaluations)
Belle	1 team comprised of Belle/Junior players

\* The number of teams will slightly vary with registration numbers

#### Black/Gold

The novice Development and Petite B teams will each share one spot in a rotation for the Petite C division

The Petite A team has one spot in the Petite A division

The Tween A team has one spot in the Tween A division

The Tween B team has one spot in the Tween B division

The Junior A team has one spot in the Junior A division

The Belle team has one spot in the Belle B or C division

Each division has 6 Plamondon day trips (11 games) and 4 Edmonton over night trips (7 games) for the season

# Playing Up and Playing Down



## PLAYING UP

- Playing in a division higher than defined for the player's age

## PLAYING DOWN

- Playing in a division lower than defined for the player's age

### Principles to Consider

- To ensure all first year players have a positive playing experience (after considering birth date, size, maturity and skill level)
- Belief that for the development of self esteem and proper sense of self-worth, it is important that Player's remain with their peers.
- Belief that leadership can be as big a challenge as skill development
- Belief based on studies that the youngest in any age group may struggle, while the oldest tend to be more successful.
- In exceptional years, it may be necessary for the FMRA to move Players in order to balance divisions or to form viable teams.

## PROCESS TO REQUEST PLAYER MOVEMENT

1. Fill out a "Player Movement Request Form" and include reasons why the child should move.
2. Submit to Technical Director
3. Technical Director will interview the Player, Parents and others as deemed necessary
4. Present to FMRA Executive for approval
5. For "Playing Up" only, an evaluation process will also be required.
  - the movement can only be:
    - up one level within a division
    - from the highest level in a division to the highest level in the next highest division.
  - the Player must try out for and be in the top 50% of the desired level
  - if approved, the Player movement up is valid for only 1 year.

# Evaluations & Team Selection



## PLAYER EVALUATION AND TEAM SELECTION PROCESS

- **Any special accommodation's for player and team selection must be submitted to the Technical Director by Sept. 24. Concessions can only be granted for extreme circumstances.**
- Players will be evaluated by a combination of team Coach with reviews by the Technical Director and 1 external evaluator. The coaches review their team selection with evaluations by the Technical Director and external evaluator.

## TEAM EVALUATION PROCESS

- Evaluations will be conducted within the season to gain insights for team focus and player skill level.
  - Team and player development guidelines indicate the expected level of skill for both the players and teams.
  - The evaluation process indicated which areas the players and team are excelling at and which areas the team may need more focus. Drills focusing on weaker areas and possible changes to practice structure to be offered.

## LEAGUE EVALUATION PROCESS

- Evaluations will be conducted throughout the season to gain insights for improvement the following year.
- Proposed evaluations for 2006-07:
  - FMRA Evaluation – by Parents
  - Coach Evaluation – by Players
  - Coach Evaluation – by Parents
  - Player Evaluation – by Coaches

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## Tiering and League Structure



Division      Format

### **Bunny**

5/6 equally split house league teams

The stronger Bunnies may be moved up to Novice allowing them to be challenged at a more competitive level in Novice houseleague. This also allows the newer players to focus on the fundamentals and play in a more equally competitive playing field. Teams will not be set until mid Oct allowing for a good equalization of teams. Tournaments for bunny groups start taking off from January through March.

### **Novice**

1 Rep team (selected through evaluations) allows the more experienced players the opportunity to practice and play at a more advanced level. Requirements for playing on the Rep team include committing to some travel in Black/Gold, possible tournaments, as well as regular participation in the house league games and practices.

3 or 4 equally split house league teams with their main focus on skill development and team development. Teams should be made by October.

### **Petite/Tween**

1 "A" team playing up an age division for houseleague play and entered as a team in the Black/Gold league.

2 to 3 equally split Petite house league teams. Teams will be made by Sept 21<sup>st</sup>.

One Tween B team playing against Petite A. Petite B and Novice Rep will share one spot in the Black/Gold division and play with their team on a rotational basis. This should be 2-3 day trips and 1-2 overnight trips for the season for each team.

### **Junior A**

Juniors play the Petite A and the Belle team

### **Belle**

Belles made up of Junior and Belle age players. They will play the Junior A and Ladies teams

\* The number of teams may slightly vary with registration numbers

# FMRA 2008-09

## Black Gold



### BLACK GOLD

- Competitive environment for teams to play outside their own Association
- Includes teams from St. Albert, Sherwood Park, Spruce Grove, Leduc, Hinton, Red Deer and Edmonton.
- Would be an extra commitment / cost in addition to the FMRA house league

### SCHEDULE

- Typically 16 games plus some play downs.
- Begins mid October and ends mid February

### LOCATION / FORMAT

- Majority of the games will be played at a half-way point (Plamondon or Boyle) – a few games will be in Edmonton
- Plamondon and Boyle games will likely be scheduled on Saturdays – play two games and return the same day.
- Edmonton games could be on Saturday and Sunday – play 4 games and return at end of weekend.

### TRAVEL / ACCOMODATION

- Travel will be by bus for players, coaches and manager. Remaining seats will be allocated to parents.
- For Plamondon or Boyle games – no accommodation will be required
- For Edmonton games – two nights accommodation will be required.

### COST

- Based on two teams traveling at once down to Plamondon by bus is \$75/trip. Food not included. Over night trips would be additional cost
- Costs can be offset with a combination of sponsorship and mentor time commitments for the younger divisions.

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## House League and Zone Playoffs



### HOUSE LEAGUE

- Generally 1 game, 1 practice and 1 developmental skate each week.
  - Ice schedule will be provided until mid-October when team numbers are finalized
  - Ice Schedule for October and November will be provided once the Black/Gold schedule is made
- Competitive games – emphasis on fun and development
- Rules will follow Ringette Canada's Official Rules with the following exceptions:
  - Bunny – coaches on ice until end of Dec.
  - Bunny / Novice – 3 goal limit
  - Petite A and up – shot clocks will be in effect

### ZONE PLAYOFFS

- Zone Playoffs will be required for all divisions with multiple teams
  - required for Provincials for Petite B and up
- Novice Playoffs are done for fun – plus Tournament of Nations at end of March
- Bunny - no playoffs but Tournament of Nations at the end of March